



Volunteer Application

Name: _____ Date: _____
Street: _____ City _____ State: _____ ZIP _____
Phone: _____ (Home or Cell) Email: _____
Emergency Contact: Name and Relationship: _____ Phone: _____

Most of our Volunteer Hours are Monday – Friday – 7:30 am – 12:00 pm
Reduced Hours on Saturday – 7:30 am – 9:30 am and Sunday – 6:30 am – 9:00 am

We do *Food Rescue* 7 Days each week - Monday through Sunday.

Monday: Pickup, Cleaning, Processing

Tuesday: Pickup, Processing, Food Distribution 10:30 am – Noon. Recipients may come each and every week.

Wednesday: Pickup, Processing, Set-Up for Food Distribution(s)

Food Distribution 1st Wednesday Evening of each Month – 5:00 pm – 6:30 pm

For people who work or go to school, making it impossible to come Thursday

Food Delivery 2nd Wednesday Morning of each Month

Thursday: Pickup, Processing, Food Distribution (8:30 am – 11:00 am)

Friday: Pickup, Processing.

Saturday: Pickup, Processing.

Sunday: Pickup, Put Food Away

***Van Drivers and Helpers should be prepared to leave the SPFC by 6:30 am.**

* How did you hear about us?

* Tell us about yourself!

* Tell us about your current and/or previous work & volunteer experience. (*Feel free to use the reverse side.*)

*Do you speak other Languages? If yes, which ones.

*Do you know Sign Language? __Yes

Please mail your application to or drop it off at
130 Thadeus St., South Portland, ME 04106
Phone 207.874.0379