



## Volunteer Application

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/ZIP: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Emergency Contact Phone: \_\_\_\_\_

### Volunteering Schedule Overview

**Monday:** Food Rescue- 6:30-7:30 am | Food Processing- 7:30 am – Noon

**Tuesday:** Food Rescue- 6:30-7:30 am | Food Processing- 7:30 am – 9:30 am | Food Distribution- 10:00 am – 11:30 am

**Wednesday:** Food Rescue- 6:30-7:30 | Food Processing + Set Up for Thursday's Food Distribution- 7:30 am – Noon

**Thursday:** Food Rescue- 6:30-8:30 | Food Processing- 7:30 am- 9:30 | Food Distribution- 8:30 – 11:00

**Friday:** Food Rescue- 6:30-8:30 | Food Processing- 7:30 am – Noon

**Saturday:** Food Rescue- 6:30-8:30 | Food Processing-7:30 am – 9:30 am

**Sunday:** Food Rescue- 6:30- 9:30 am

### **Additional Days and Times**

1st Wednesday of the Month: Food Distribution- 5:00 pm – 6:30 pm

2nd Wednesday of the Month: Home Deliveries (South Portland ONLY)- 9:00 am – Noon

**Tell us about yourself: (Feel free to use the reverse side for more space)**

**Tell us about your current and/or previous work & volunteer experience:**

**How did you hear about us?**

**Any other comments?**